Directions: For this task, you will be asked to speak about a topic that is familiar to you. You will hear a question. You will then have 15 seconds to prepare your response and 45 seconds to speak.

Talk about a situation which enabled you to realize you had a certain strength or weakness that you didn’t know about before and how you dealt with this new finding.
When I was in middle school, my class took a week-long camping trip to a beach island. There were no paved roads on this island and the parts that were not beach were mostly marsh and forest. As we were hiking, I realized that I left some of my things where we ate lunch, which was a mile or two behind us already. I told the teacher about my things and she told me to go get them. I had to walk through a mile of strange marshes and beach by myself to get my things back, but I realized how strong I was afterward. As a young child, I realized how I could persist through hardship and how strong I could be if I really had to.